

## **Prospectively Surveying Health-Related Quality of Life and Symptom Relief in a Lot-Based Sample of Medical Cannabis-Using Patients in Urban Washington State Reveals Managed Chronic Illness and Debility**

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Supplementary Data:

- qualifier phrases subjects voluntarily added to medical marijuana qualifying diagnosis query
- qualifier phrases subjects voluntarily added to cannabinoid-responsive conditions query
- Complete results from the open-ended question: “Overall, what would you say are the main symptoms that you regularly use medical marijuana to treat (not necessarily limited to those stemming from your qualifying condition)?”

a-kk qualifier phrases subjects voluntarily added to medical marijuana qualifying diagnosis query:

- a“chronic stomach/nausea”
- b“Cronic Migraines”
- c“chronic migraines”
- d“apetite loss due to migraines”
- e“Irritable Bowel Syndrome IBS”
- f“Back-Spine Injuries, Surgeries & Acute Pain. (Nerves & Muscles) Arthritis”
- g“cramping, muscles spasms, pain (instead of “hard” narcotics)”
- h“Colon Cancer”
- i“Migraine headache”
- j“Hep C”
- k“Hep C”
- l“TBI”
- m“Breast Cancer Stage 4”
- n“Chronic Nerve Pain / Muscle Spasms”
- o“Arthritis of Neck” “Chronic Headaches”
- p“Alternative medicine for severe muscle spasms”
- q“leg spasticity rel. to MS”
- r“Kidney R Removed”
- s“Diverticulitis”
- t“Migrains”
- u“spastic colon”
- v“osteoporosis”
- w“chronic diarrhea, migraines”
- x“Breast”
- y“lower back Behind Pelvis”
- z“muscle spasms lower back”
- aa“severe Osteo. Art.”
- bb“muscle spasm / very bad cramps”
- cc“parathesia disorder”
- dd“spinal cord injury, C5-C6, incomplete feeling below level of injury”
- ee“burning parathesias”, “stomach cramping pain-->sharp & dull pain”
- ff“spinal cord injury --> appetite stimulation”
- gg“I throw up 3 to 5 times a day”

- hh“gastro intestinal disorder”
- ii“diabetic neuropathy”
- jj“Charcot-Marie-Tooth”
- kk“Full Blown AiD'S under 50 T cells”

a-cc qualifier phrases subjects voluntarily added to cannabinoid-responsive conditions query:

- a“harm reduction leading to full reovry from meth.”
- b“anxiety”
- c“nerve pain L arm”
- d“used more medicine while quitting methamphetamine”
- e“L arm”
- f“appetite stimulation / HIV wasting syndrome”
- g“spinal”
- h“( / ) Narcotic use”
- i“-TICS”
- j“Arthritis due to Bone Trauma”
- k“Left Arm Nerve Damage”
- l“Lesion C2-C7”
- m“chronic”
- n“osteo”
- o“peripheral”
- p“MS”
- q“osteoporosis”,
- r“prevent suicidle thoughts”
- s“Cronic pain”
- t“increase appetite”
- u“type I”
- v“foot neuropathy”
- w“(occasionally)”
- x“M.S.”
- y“feet & legs”
- z“M.S.”
- aa“CMT”
- bb“Anxiety Depression”
- cc“Borderline Diabetes Because of AIDS”.

- Complete results from the open-ended question: “Overall, what would you say are the main symptoms that you regularly use medical marijuana to treat (not necessarily limited to those stemming from your qualifying condition)?”

Main Symptoms Regularly Treated with Medical Marijuana --Subject Free Responses		
“mood/nausea/pain”	“HeadAches, Breast Pain, Nausea, is primarily what I use it for & it does lift my spirit & make me WANT to get out of bed.”	“depression, spastic colon, bone pain”
“harm reduction - reovery, sleep & depression, AIDS - nausea & weight”	“Chronic Pain / Muscle Spasm”	“cronic pain / depression, ringing of the ear, ostoprosis (Bone Pain)”
“Pain management, anxiety, appetite stimulation”	“Spasm, Pain, Anxeity” (in that order)	“muscle spasms, restless at night because I can't get comfortable”
“nausea supression, appetite stimulation, PTSD”	“Alternative medicine to replace Ibupropen and cyclobenzaprine.”	“My knees, arms, back, and headaches very bad pain / pain”
“Primarily to reduce incidence & severity of chronic migraines. I get as many as 24 migraines a month without marijuana & only get 1-2 every 2 months when I use marijuana regularly.”	“Nausea, pain, spasticity, appetite”	“stomach pain and nausea, sleep apanea”
“I use it to help with appetite & muschle cramping in stomach. And my mood When I get real pist have some medicine and I'm a lot Better.”	“Sharp pain - headache”, “Diverticulitis”, “sciatic nerve pain”	“Appetite Anxiety”
“Improve mood; reduce pain to be able to function through-out my day (help anxiety & fears) muscle spasms reduction, <u>SLEEP</u> ; depression.”	“Migraine & Mood”	“Nausea & Appetite issues. Have never been able to eat breakfast - that's why I get M.M.”
“Pain from migraine headache and GI distress, Arthritic Pain”	“Nausea, spasm, and pain”	“constant vomiting & nausea”
“prevent seizures, ↓appetite, stress”	“muscle spasms, tightness, psychological tension, focus, aches & pains, cognitive functioning”	“Nausea, Appetite, Pain, Vomiting”
“Sei/PTSD” [SEIZURES/PTSD]	“Appetite, Nausea, Pain”	“I RECEIVE numbness IN MY LEGS AND the marijuana relieves that tense throbbing feeling. I run every night and it is the marijuana that eliminates all pain which is like a tuning fork multiplied by 100% in my legs”
“Joint Pain, cramping in legs, arms”	“Back Pain, Pelvic Pain”	“1. pain / 2. aid with sleep”
“gain weight, nausea, depression, pain”		